



Sister Talk

Fridays (fortnightly) | 10.00am to 12.00pm

**At Windale Hub, (in the training room)
20 Lake Street, Windale**

**ALL women welcome!
Friendship | Crafts & Arts | Conversation | Fun
Parenting Support | Laughter | Guest Speakers
Encouragement | Relationships Support | Counselling Support**

**We are a relaxed/ informal group for women
(18+ and who have left school) in Windale and the surrounding areas.**

Morning Tea Provided

**We chat, laugh, eat, do crafts, have coffee, do fun exercise, have guest speakers
plus other activities
NEW LADIES MOST WELCOME!**

Note: Children (under 5yrs/ pre Kindergarten) welcome!

**UPCOMING ACTIVITIES
Over the page**



**Our Community Place
admin@ourcommunityplace.org.au
0458 103 206 / www.ourcommunityplace.org.au**

UPCOMING ACTIVITIES

Term Two: May to July 2025

Friday 9 May

Mother's Day High Tea
(via booking only for Sister Talk's Clients)

Friday 23 May

Gift of Growth Workshop with Hunter Women Centre

Friday 6 June

Coffee and Paint Day

Friday 20 June

Yoga Chair with Yoga for Mama

Friday 4 July

Empowering Women around Finances with Eastlakes Family Support Service

Friday 18 July

School Holidays– No Program

Please register to attend any Sister Talk's Activity

**More info on Sister Talk
Over the page**

NO PROGRAM RUNNING THROUGH THE SCHOOL or PUBLIC HOLIDAYS